

## CAT and OMETS High Frequency Wordlist

**Harmful**  
baleful  
baneful  
deleterious  
inimical  
injurious  
insidious  
minatory  
perfidious  
pernicious

**Beginning/young**  
acolyte  
burgeoning  
callow  
engender  
inchoate  
incipient  
nascent  
neophyte  
novice  
proselyte  
tyro

**Inexperienced**  
Credulous  
gullible  
naive  
ingenuous  
novitiate  
tyro

**Timid**  
Craven  
diffident  
pusillanimous  
recreant  
timorous  
trepidation

**Hostile**  
Antithetic  
churlish  
curmudgeon  
irascible  
malevolent  
misanthropic  
truculent  
vindictive

**Terse**  
Compendious  
curt  
laconic  
pithy  
succinct  
taciturn

**Greedy**  
avaricious  
covetous  
mercenary  
miserly  
penurious  
venal  
acquisitive  
grabby

**Stubborn**  
Implacable  
inexorable  
intractable  
intransigent  
obdurate  
obstinate  
pertinacious  
recalcitrant  
refractory  
renitent  
untoward

**Overblown/wordy**  
Bombastic  
circumlocution  
garrulous  
grandiloquent  
loquacious  
periphrastic  
prolix  
turgid  
verbose

**Boring**  
banal  
clich'ed  
fatuous  
hackneyed  
insipid  
mundane  
pedestrian  
platitude  
prosaic  
quodidian  
trite

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**Happy**  
adored  
alive  
appreciated  
cheerful  
ecstatic  
excited  
grateful  
glad  
hopeful  
jolly  
jovial  
optimistic  
tender

**Mad**  
aggravated  
accused  
furious  
hostile  
infuriated  
jaded  
ornery  
outraged  
pestered  
rebellious  
scorned  
spiteful  
testy  
violated

**Sad**  
gloomy  
grief-stricken  
melancholy  
pessimistic  
remorseful  
resentful  
solemn  
pessimistic

**Scared**  
alarmed  
anxious  
bashful  
cautious  
petrified  
sheepish  
tearful  
puzzled

**Disgust**  
incompetent  
inhibited  
inept  
squashed  
exposed  
embarrassed

**Use**  
adopt  
anticipate  
employ  
exert  
christen  
mobilize  
scrimp on  
skimp on  
utile  
bestead  
expedient

## CAT and OMETS High Frequency Wordlist

### Interference

balk  
clog  
cramp  
crimp  
deterrent  
fetter  
impediment  
encumbrance  
manacle  
inhibition  
trammel

### Prohibition

barring  
forbidding  
interdiction  
proscribing  
embargo  
contraband  
forfend  
veto  
excommunicate

### Obedience

compliance  
conformity  
biddable  
subservient  
servile  
submissive  
docile  
myrmidon  
meek

### Stubbornness

cussed  
obstinate  
inexorable  
intransigent  
obdurate  
pertinacious  
tenacious  
untoward  
perverse  
irreconcilable  
mulish

### Hinder

baffle  
bridle  
constrict  
encumber  
hobble  
snag  
spike  
clog  
stymie  
hitch  
obstruent

### Attack

aggress  
ambush  
assail  
bait  
besiege  
feint  
foray  
maraud  
torpedo  
blitzkrieg  
irruption  
incursion

### Fight

affray  
brawl  
fray  
melee  
scramble  
skirmish  
velitation  
pugilism  
scrimmage

### Pain

afflict  
agonize  
anguish  
chasten  
convulse  
excruciate  
torment  
rack  
twinge  
scourge

### Insanity

aberration  
alienation  
deliration  
delirium  
lunacy  
megalomania  
bedlamite  
daffiness  
frenetic

## CAT and OMETS High Frequency Wordlist

### Changing quickly

Capricious  
mercurial  
volatile

### Smart/Learned

astute  
canny  
erudite  
perspicacious

### Debauchery

Bacchanalian  
carousal  
depraved  
dissipated  
iniquity  
libertine  
libidinous  
licentious  
reprobate  
ribald  
salacious  
sordid  
turpitude

### Praise

Accolade  
aggrandize  
encomium  
eulogize  
extol  
laud/laudatory  
venerate/veneration

### Truth

Candor/ candid  
fealty  
frankness  
indisputable  
indubitable  
legitimate  
probity  
sincere  
veracious/verify

### Surrounding

aura  
circumambency  
entourage  
milieu  
precincts  
kaleidoscope  
euthenics  
ambient  
contexture  
clime

### Weaken

adulterate  
enervate  
inhibit  
obviate  
stultify  
undermine  
vitiate

### Biting (as in wit/temperament)

Acerbic  
acidulous  
acrimonious  
asperity  
caustic  
mordant  
mordacious  
trenchant

## CAT and OMETS High Frequency Wordlist

### **Pride**

aristocratic  
snobbish  
bumptious  
contumelious  
insolent  
peremptory  
snippy  
snooty  
supercilious  
vainglorious  
toplofty  
swagger

### **Meeting**

assemblage  
assignation  
caucus  
Chautauqua  
concourse  
congregation  
conventicle  
plenum  
rendezvous  
synagogue  
tryst  
convention  
powwow

### **Assist**

abet  
advocate  
ancillary  
bolster  
corroborate  
countenance  
espouse  
mainstay  
munificent  
proponent  
stalwart  
sustenance

### **False**

Apocryphal  
dissemble  
equivocation  
erroneous  
fallacious  
guile  
mendacious  
mendacity  
prevaricate  
prevarication  
specious  
spurious

### **Difficult to understand**

abstruse  
arcane  
enigmatic  
esoteric  
inscrutable  
obscure  
opaque  
rarefied  
recondite  
turbid

### **Satisfy**

Ameliorate  
appease  
assuage  
mitigate  
mollify  
pacify  
placate  
propitiate  
satiare  
slake

## CAT and OMETS High Frequency Wordlist

### **Criticize**

aspersion  
belittle  
berate  
calumny  
castigate  
chastise  
decry  
defamation  
deride/derisive  
diatribe  
disparage  
excoriate  
gainsay  
harangue  
impugn  
inveigh  
lambaste  
obloquy  
objurgate  
opprobrium  
oppugn  
pillory  
rebuke  
remonstrate  
reprehend  
reprove  
revile  
vituperate

### **Withdrawal/retreat**

Abeyance  
abjure  
abnegation  
abortive  
abrogate  
decamp  
demur  
recant  
recidivism  
remission  
renege  
rescind  
retrograde

### **Elimination**

abolish  
abrogate  
bowdlerize  
burke  
deracinate  
excise  
expurgate  
exterminate  
extirpate  
exuviate  
jettison  
jilt  
obliterate  
void  
scuttle

### **Caress**

chuck  
cocker  
nuzzle  
dandle  
fondle  
snuggle  
osculate  
buss  
endearment

### **Deception**

artifice  
cozenage  
craftiness  
sly  
snaky  
dupery  
dissimulation  
deceit  
guilefulness  
foxiness  
fallacious  
obliquity